

Want to learn more about archery? Come and do one of our comprehensive Beginners Courses. We run 3-day beginners courses every two months during the year. See beginners' course dates [here](#) , in our annual calendar.

KuRingGai Bowmen has a number of coaches and instructors Nationally accredited through Archery Australia.

Each course is run for 3 consecutive weeks and caters for complete novices of all ages. Session duration is from 10.00am till about 12.30pm. We provide all archery equipment - all you need bring is a hat and sunscreen. Wear close fitting clothes and shoes, not sandals or thongs.

For more information, email coaching@kgbowmen.org.au . You can also [download a form](#) to print, fill out and post directly. Feel free to come and visit any Sunday to our ground at Edenborough Park in Lindfield.

The cost of the course is \$100.00 per head, which includes the use of club bow, arrows and accessories.

Once you have completed the beginners course, you should start to assess whether you wish to carry on with the sport. At this stage you may become a "Temporary Member" to be properly affiliated without having to join the Club formally. Until you have your own equipment, you may continue to use club equipment for the hire fee of \$5.00 per day.

After a couple of months, you should decide if you wish to continue with the sport and become an archer and member of our club. At this point formal membership is available.